

<b>State</b>	<b>since</b>	<b>population</b>	<b>Capital</b>	<b>since</b>	<b>population</b>
Alabama	1819	4 627 851	Montgomery	1846	200 127
Alaska	1959	683 478	Juneau	1906	30 987
Arizona	1912	6 338 755	Phoenix	1889	1 512 986
Arkansas	1836	2 834 797	Little Rock	1821	204 370
California	1850	36 553 215	Sacramento	1854	467 343
Colorado	1876	4 861 515	Denver	1867	566 974
Connecticut	1788	3 502 309	Hartford	1875	124 397
Delaware	1787	864 764	Dover	1777	32 135
Florida	1845	18 251 243	Tallahassee	1824	156 612
Georgia	1788	9 544 750	Atlanta	1868	486 411
Hawaii	1959	1 283 388	Honolulu	1845	377 357
Idaho	1890	1 499 402	Boise	1865	201 287
Illinois	1818	12 852 548	Springfield	1839	111 454
Indiana	1816	6 345 289	Indianapolis	1825	791 926
Iowa	1846	2 988 046	Des Moines	1857	194 163
Kansas	1861	2 775 997	Topeka	1856	122 327
Kentucky	1792	4 241 474	Frankfort	1792	27 741
Louisiana	1812	4 293 204	Baton Rouge	1880	224 097
Maine	1820	1 317 207	Augusta	1832	18 560
Maryland	1788	5 618 344	Annapolis	1694	36 217
Massachusetts	1788	6 449 755	Boston	1630	590 763
Michigan	1837	10 071 822	Lansing	1847	119 128
Minnesota	1858	5 197 621	Saint Paul	1849	287 151
Mississippi	1817	2 918 785	Jackson	1821	184 256
Missouri	1821	5 878 415	Jefferson City	1826	39 636
Montana	1889	957 861	Helena	1875	25 780
Nebraska	1867	1 774 571	Lincoln	1867	225 581
Nevada	1864	2 565 382	Carson City	1861	57 701
New Hampshire	1788	1 315 828	Concord	1808	42 221
New Jersey	1787	8 685 920	Trenton	1784	84 639
New Mexico	1912	1 969 915	Santa Fe	1610	70 631
New York	1788	19 297 729	Albany	1797	95 993
North Carolina	1789	9 061 032	Raleigh	1794	380 173
North Dakota	1889	639 715	Bismarck	1883	55 532
Ohio	1803	11 466 917	Columbus	1816	733 203
Oklahoma	1907	3 617 316	Oklahoma City	1910	541 500
Oregon	1859	3 747 455	Salem	1855	149 305
Pennsylvania	1787	12 432 792	Harrisburg	1812	48 950
Rhode Island	1790	1 057 832	Providence	1900	176 862
South Carolina	1788	4 407 709	Columbia	1786	122 819
South Dakota	1889	796 214	Pierre	1889	13 876
Tennessee	1796	6 156 719	Nashville	1826	607 413
Texas	1845	23 904 380	Austin	1839	709 893
Utah	1896	2 645 330	Salt Lake City	1858	181 743
Vermont	1791	621 254	Montpelier	1805	8 035
Virginia	1788	7 712 091	Richmond	1780	195 251
Washington	1889	6 468 424	Olympia	1853	42 514
West Virginia	1863	1 812 035	Charleston	1885	52 700
Wisconsin	1848	5 601 640	Madison	1838	221 551
Wyoming	1890	522 830	Cheyenne	1869	55 362